

Sustainable Bingo (Advanced)

Refuse unnecessary items. Say no to items you don't want or need even if they're free.	Turn off the water while brushing your teeth	Eat leftovers for lunch or dinner	Plant native seeds or fruit/vegetable seeds	Don't buy any non-essential items for one week
Try to borrow or rent items you'll rarely use	Volunteer for a cause you're passionate about	Take a shower that's two minutes shorter than normal	Take a walk in nature	Bring a reusable bag next time you shop
Donate (or pass along to a friend) some clothes that you don't wear anymore	Walk, bike, or take a bus instead of driving	FREE SPACE	Mend something. Find a damaged item in your home and research how to repair it.	Go to the library. Ask what items besides books are available for checkout.
Eat a meatless meal or snack	Make a thrifting wish list. Whenever possible, try to buy your items secondhand.	Use reusable plates and cutlery for dinner, then wash the dishes	Pick up ten pieces of litter	Research Composting: municipal, makesoil.org, countertop systems, hot composting, bokashi, vermicompost
Look up recycling rules for your area	Use a reusable water bottle	Check dates on all items in the pantry. Make a plan to use all items nearing their expiration dates.	Put a pen and paper next to the trash can. Record everything you throw away for two days, and see if you can reduce one of your top five most discarded items.	Unplug items you rarely use